



Community Wellbeing Event 27/04/2018 contact details

The underlying aim of the event that took place at the Town Hall in North Tawton, Devon was to help and encourage people to connect to their local services and to promote networking between organisations. It is part of the Transition project's aim of improving individuals financial wellbeing and reducing social isolation in rural areas across West Devon and Torridge.

Advice and support

Transitions: free and confidential money and debt advice in rural West Devon and Torridge for those that cannot access mainstream advice. Tel: 01823 461099
Email: enquiries@wisermoney.org.uk www.wisermoney.org.uk

Wessex Resolutions CIC—offer low interest home improvement loans in partnership with the local authority . Contact: Tel: 01823 461099 Email: enquiries@wrcic.org.uk www.wrcic.org.uk

Citizen's Advice, free and confidential money, debt and consumer advice. Ockment Centre, North Street, Okehampton, EX20 1AR , Open Tues, Weds 10am to 4pm and Fri 10am to 1pm—drop in. Tel: 03444 111 444
Email: info@ruraldevoncab.org.uk www.ruraldevoncab.org.uk

The Farming Community Network supports farmers and families within the farming community through difficult times. Tel: 03000 111 999 or email : help@fcn.org.uk www.fcn.org.uk

Tamar Energy Community offering advice and support on managing your energy costs in the home including switching, fuel debt, insulation and heating. Home visits available. Tel: 0800 233 5414 email: hello@tamarenergycommunity.com
www.tamarenergycommunity.com

Voluntary and Community Groups

West Devon CVS supports voluntary groups, charities, social enterprises and promotes active citizenship through volunteering. Email: info@westdevoncvcs.org.uk
Tel: 01837 53392 www.westdevoncvcs.org.uk

ANTS and YANTS - Actors and Young Actors of North Tawton. Stage community based theatrical productions. Contact: Nigel Davies. Tel: 01837 82138
Email: nigel-ro@tiscali.co.uk

North Tawton Afternoon W.I. (Women's Institute)
Email northtawton@devonwi.org.uk www.thewi.org.uk

North Tawton Bowling Club offers flat green bowling and short mat bowling the winter. Contact: Hon.Sec. Mr G. Denham Email: g.denham78@btinternet.com
www.northtawtonbc.btck.co.uk

North Tawton District Guides Contact Jane Simons Tel 01837 89160
Email: janesimons368@btinternet.com

North Tawton Environmental Trust: Contact Steve Blood Tel: 01837 82785

Sampford Courtenay Flower Club Contact: Nancy Passmore: Tel: 01837 658779

Ten Tors Western Dancers ring Deborah on 01647 61430 after 4 pm

Transport

Okehampton & District Community Transport Group, provides ring and ride and a community car service to help people who cannot access public transport visit their doctor or attend hospital appointments or go shopping and socialise.
Contact: Sue Wonnacott Tel: 01837 55000 Email: sue.odctg@btinternet.com
www.odctg.org.uk

Housing

Liverty Association (formerly DCH) - Community Development, Work Hub - supporting Liverty residents towards training, volunteering, employment, and offering individual and community grants and help setting up a business. Contact: Alison Knight Tel: 01822 813 799 Email: alison.knight@liverty.com www.liverty.com
Resident Involvement - offering opportunities for Liverty residents to get involved contact Shonac Young Tel: 01822 813 211 Email Shonac.young@liverty.com
www.liverty.com

Families and Young People

West Devon Children's Centre provides a range of targeted early help services to families and children aged 8 years or under. Contact the Tavistock Centre to find out what is happening in your area Tel: 01822 614210
Email: westdevonchildrenscentre@actionforchildren.org.uk
www.westdevonchildrenscentre.co.uk

Homestart: helping parents build better lives for their children by supporting families who are finding it hard to cope. Tel: 01752 249740
Email: homestart.shpt@gmail.com www.homestart-southandwestdevon.org.uk

North Tawton Community Trust (Youth Centre) : Contact Steve Blood Tel: 01837 82785

Young Devon - counselling, advice and support, Devon Youth Council
www.youngdevon.org Online counselling: www.kooth.com

Community Links supporting families and young people. Mill Street, Okehampton. Contact: Mary Lovell Tel: 07808 523111
Email: info@communitylinks-sw.co.uk www.communitylinks-sw.co.uk

Having your voice heard and community safety

North Tawton Town Council, Neighbourhood Plan Group and Waste Plastics Recycling Group. Contact: Tel 01837 880 121
Email: northtawton.towncouncil@yahoo.co.uk
www.northtawtontowncouncil.co.uk

Fire and Police—community contacts

North Tawton Police PCSO Marcus Jarvis Tel: 101 Email:
marcus.jarvis@devonandcornwall.pnn.police.uk www.devon-cornwall.police.uk

Devon and Somerset Fire and Rescue provides home fire safety checks.
Tel: 0800 05 02 999. Education and community participation contact Steve Fisher
Email: sfisher@dsfire.gov.uk Tel 01237 423859 www.dsfire.gov.uk

Health

Bow Medical Practice branch surgery and North Tawton Tel: 01363 82333 or 01837 82204 www.bowmedicalpractice.co.uk

North Tawton Pharmacy Tel: 01837 82824 Email: northtawton.pharmacy@nhs.net
www.wringtons.co.uk

One Small Step - free support to quit smoking, cut down on alcohol and maintain a healthy weight. Tel: 0800 2982654 or 01392 908 139
Email: hello@onesmallstep.org.uk www.onesmallstep.org.uk

Drinkwise Agewell helping people aged 50 plus make healthier choices about alcohol and offering activities and social opportunities. Contact: Tel: 0800 304 7034 Email: devon@drinkwiseagewell.org.uk www.drinkwiseagewell.org.uk

North Tawton Walk and Talk Group. Mrs Pat Cunnington.
Email: roycunnington@gmail.com Tel: 01837 83487

Yoga classes contact: Sarah Hale: Email: sarah@sarahsyoga.co.uk
www.sarahsyoga.co.uk

Viveka Gardens Yoga Farm: Yoga, meditation, retreats and workshops Tel: 01837 880050
www.vivekagardens.com

Faith

St Peter's Church North Tawton. Contact: Revd Nick Weldon Tel: 01837 880183
Email: npweldon@gmail.com www.stpetersnorthtawton.org.uk

Learning and employment

North Tawton Community Primary School, Head Teacher Mr Nick Alford.

Contact: Tel 01837 82284 Email: admin@ntcps.co.uk www.ntcip.co.uk

Learn Devon adult and community learning on behalf of DCC, free GCSE English and Maths and help with computer skills if you are unemployed and seeking work.

Contact: Alison Duckers Tel: 01822 613701 mobile: 07976673315

Email: Alison.duckers@devon.gov.uk www.learndevon.co.uk

Okehampton Library borrow books, free public computers and wi-fi, activities for young and old. Contact Tel: 01837 52805

Email: okehampton.library@librariesunlimited.org.uk www.devonlibraries.org.uk

RVS—Home Library Service delivering books, large print, DVD's, CD's and Audio tapes to older people in their homes. Contact Tel: 07786635163

Email: cathy.saunders@royalvoluntaryservice.org.uk

www.royalvoluntaryservice.org.uk

Arla- Taw Valley Creamery. Apprenticeships, learning and employment. Contact

Hayley Collins Email: grp_taw_shop@arlafoods.com Tel: 01837 883661

www.arlacheese.co.uk

Community Services in Devon

www.pinpointdevon.co.uk co-ordinated by Devon County Council this website directory offers a search facility to provide individuals with contact details for help and support services in their area. Email: pinpoint@devon.gov.uk Tel: 01392 383 000

(May 2018 - the contact details listed are subject to change in the future.)

www.wisermoney.org.uk